



# REBUILDING LIFE AFTER SPINAL CORD INJURY

# KARNATAKA RAJYA BENNUHURI APAGATADA ANGAVIKALARA SANGA

## Ensuring a dignified and active life for people with spinal cord injuries

Established in 2008, KRBAAS is a leading NGO in Karnataka for the rehabilitation of people with spinal cord injuries (PWSCI).

The NGO was established by a group of PWSCIs in Magadi, who saw the lack of support facilities and awareness about the condition in rural areas.

As one of the only four organizations in Karnataka working in the area of spinal cord injury, KRBAAS focuses on providing medical, mobility and activity support to PWSCIs. For the severely affected, we provide in-house rehabilitation care, while for several others we provide community-level support across five districts in the State.

Our beneficiaries are mostly young men from economically challenged backgrounds, who suffer from spinal cord injury while working in unsafe conditions or from road accidents. Since most of them become wheel-chairable for life, we try to restore their health, independence and dignity in the best possible way through our many initiatives.

### OUR VISION

A dignified, healthy and independent life for every PWSCI in Karnataka.

### OUR MISSION

Empowering PWSCIs to live life to their fullest potential through timely medical intervention and rehabilitation support, as well as, advocating their rights.

### OUR PRESENCE

KRBAAS is active in five districts, including Ramanagara, Mandya, Mysuru, Hassan and Chamarajanagar.





## OUR PEOPLE



**Seetharam T**  
President

Ramachandra BD  
Vice-President

Nagendra Kumar BN  
General Secretary

Narayan SR  
Joint Secretary

Satish S  
Resource Mobilizer

Harish Rao  
State Convener

K Vinayaka Rao  
Director

Sharada Suresh  
Treasurer

Eshwar Reddy  
Organizing Secretary

Praveen G  
Operations Manager

Naveen Kumar G  
Programme Coordinator

Nagaveni C  
Admin & Accountant

## OUR PARTNERS

KRBAAS is supported by leading funding and institutional partners in the social sector.

### Development Partner



### Funding Partner



# OUR APPROACH

In order to provide holistic support to PWSCIs, KRBAAS offers critical intervention at two levels – in-house rehabilitation support through the Social Rehabilitation Centre (SRC) and community level outreach through Community Based Rehabilitation (CBR).



## Social Rehabilitation Centre

The Social Rehabilitation Centre was set up in 2012 to provide medical and counselling support to severely affected PWSCIs from across Karnataka. Located in Magadi village, our SRC centre has specially designed equipment, physiotherapists and counsellors, part from residential facilities for the beneficiaries.

**SRC provides the following services to PWSCIs:**

- Medical assessment and physiotherapy
- Individual and family counselling
- Developing the activities of daily living skills (ADLS)
- Management of primary and secondary complications
- Suitable mobility aids, including wheelchairs
- Livelihood training

## Community Based Rehabilitation

Initiated in the year 2010, CBR is conducted by the outreach team of KRBAAS, who identify and assess PWSCIs in need of support across various rural districts. The beneficiaries then receive ongoing medical, counselling and rehabilitation support, right at their doorstep.

**The CBR activities across Karnataka include,**

- Identification and assessment of beneficiaries with the help of local healthcare centres, Anganwadis and ASHA workers
- Regular home visits and follow-ups to provide medical treatment for bedsores, counselling, informing them about government schemes, etc.
- Organizing awareness camps and medical intervention camps in villages
- Conducting sensitization training to local healthcare providers, NGOs, ICDS workers, etc.
- Building PWSCI-friendly toilets in beneficiary homes
- Referring beneficiary to SRC if further support is needed
- Advocacy for PWSCI rights with the State government



# AWARDS AND ACHIEVEMENTS

- 🏆 **Special Olympic Bharath 2012:** KRBAAS Spinal Cord Injury Team won 18 Gold, 17 Silver and 12 Bronze Medals
- 🏆 Participated in **Mumbai Marathon** and **Delhi International Sports** in 2012
- 🏆 Recognised as **District Nodal Office**, Ramanagara district, by State Disability Commissioner, Govt. of Karnataka, during 2011-12
- 🏆 Seetharam T, President, KRBAAS, won **Ekalavya Award** for outstanding performance in sports from Govt. of Karnataka in 2003
- 🏆 Nagendra Kumar BN, Gen. Secretary, KRBAAS, won the **State Award** from **Department for Empowerment of Differently Abled and Senior Citizens 2018-19** from Govt. of Karnataka

## Accreditations

\* Guide star India Certification (GSIN- 11136)

\* Member of APPI and DNA network

# OUR IMPACT SO FAR\*

<b>202</b> PWSCIs have received rehabilitation support at our Social Rehabilitation Centre.	<b>1,200</b> PWSCIs across Karnataka supported through the Community Based Rehabilitation Programme	<b>3,255</b> stakeholders covered under Capacity Building Training Programme, including MRW's, VRW's, ICDS workers, ASHA workers, PWSCI's, care givers and NGO staff.
<b>486</b> Mobility Aids distributed to needy PWSCIs.	<b>639</b> Medical Kits distributed to needy PWSCIs.	<b>91</b> PWSCI-friendly toilets built at beneficiary homes, to help them lead an independent life.
<b>42</b> Community Aided Disabled Intervention Camps (CADIC) conducted at various districts	<b>976</b> beneficiaries and family members	<b>45</b> beneficiaries have had Livelihood Training, including electronics repair, running of retail shop, etc.

\* Data as of July 2019, based on NGO records.



**You can help us rebuild their life.**

The medical treatment, rehabilitation support and mobility aids to PWSCIs are expensive, and KRBAAS offers them free of cost to economically deprived beneficiaries. Thanks to sponsors like you, we can continue to save lives and bring dignity and hope to the spinal cord injured across Karnataka.

**₹600**

**Provide a single meal for 10 PWSCIs**

**₹1,600**

**Provide 3 meals for 10 PWSCIs**

**₹12,000**

**Sponsor 3 months of rehab support to a PWSCI**

**₹9,000**

**Sponsor 3 months of Therapy to a PWSCI**

**₹15,000**

**Sponsor a Wheelchair**

**₹13,000**

**Sponsor a KAFO**

**₹2,500**

**Sponsor a Medical Kit**

**₹20,000**

**Sponsor the modification of a PWSCI-friendly toilet**

**Make a generous donation today:**

**Account Number:** 31585488295  
**Bank:** State Bank of India  
**Branch:** Chamrajapete  
**IFSC Code:** SBIN002034

\* Donations to KRBAAS are eligible for 50% tax exemption under Section 80G of Income Tax Act, India.



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